

# **Download Calming The Family Storm Anger Management For Moms Dads And All The Kids**

Calming the Family Storm: Anger Management for Moms, Dads, and All the Kids [Gary McKay PhD, Steven Maybell PhD] on Amazon.com. \*FREE\* shipping on qualifying offers. Anger and confrontation are a part of our lives, like it or not. Every normal family will experience anger. All parents get angry sometimes, but research clearly suggests that the amount of anger expressed in the family will have a negative impact on a child's performance in nearly every important area of life. We've all seen them: the out-of-control toddler hurling handfuls of sand at the park, the whiny-voiced 3-year-old begging for candy in the grocery line, the sassy 7-year-old yelling "you can't make me!" Hi Kay, If you have realized that you have suffered abuse and abandonment, firstly I am very sorry to hear it (and I am sad at how many people have suffered, and continue to suffer in this way); being aware is a first step, and then some sort of healing is in order.