

Download Changing Frontiers In The Science Of Psychotherapy

Psychotherapy is the use of psychological methods, particularly when based on regular personal interaction, to help a person change behavior and overcome problems in desired ways. A summer-long series of week-long courses taught by leading contributors to knowledge and practice. Our courses are for health and mental health professionals, as well as OD and HR practitioners, and educators at all levels -- and members of any profession who apply behavioral science to practice. Psychology is the science of behavior and mind, including conscious and unconscious phenomena, as well as feeling and thought. It is an academic discipline of immense scope and diverse interests that, when taken together, seek an understanding of the emergent properties of brains, and all the variety of epiphenomena they manifest. Early attrition from substance abuse treatment is very high, although rates do not differ dramatically from those found in medical and psychiatric treatments.