

# Download How To Change The World John Paul Flintoff

John-Paul Flintoff writes for major English-language newspapers and magazines about people who are well known and powerful -- and others who are little known and powerless. John-Paul Flintoff's book *How to Change the World* is short, sweet, and helpful. The book runs to 211 pages, it can be read in one sitting, and it details some of the concrete ways in which a person could make positive changes in the world. Flintoff writes that the first step in trying to make a difference in the world is believing that you can and snagging opportunities wherever they might come. Helping an immediate friend or loved one with a problem is making a change. So is signing a petition. So you want to change the world... TESTIMONIALS "It's not often we have a paragon on the show..." – Jane Garvey, BBC Radio 4 Woman's Hour "We love you JP" I caught up with Flintoff via email to talk about why he wrote *How to Change the World*, a book about simple people – some who may have felt like sheep at one time or another, others introverts – whose small actions made significant change in the world in which we live.