

Download Organic Food Production Safety Quality

Organic food is food produced by methods that comply with the standards of organic farming. Standards vary worldwide, but organic farming, in general, features practices that cycle resources, promote ecological balance, and conserve biodiversity. Organic farming is an alternative agricultural system which originated early in the 20th century in reaction to rapidly changing farming practices. Organic Toxins Mycotoxins, such as aflatoxins, in food are extremely harmful to both humans and animals. Persistent organic pollutants (POPs), like PAHs and dioxins, may contaminate the food supply through intentional and inadvertent chemical production. Organic food is extremely popular and everyone wants to know about its benefits. The sweeping public opinion that organic food is healthier than conventional food is quite strong and is the main reason for the increase in its demand over the past 5-6 years.