

Download The Tao Of Jeet Kune Do Pdf

Bruce Lee's autobiography. Tao of Jeet Kune Do was compiled posthumously from Bruce Lee's personal notes, some of which were in turn copied from Bruce Lee's personal library of martial arts and philosophical books. Il Jeet Kune Do (JKD), abbreviato in JKD, è un'arte marziale sincretica non tradizionale, scientifico-filosofica basata sul combattimento "essenziale" fondata dal celebre shifu Bruce Lee negli anni sessanta. The Jeet Kune Do Emblem The Taijitu represents the concepts of yin and yang. The Chinese characters indicate: "Using no way as way" and "Having no limitation as limitation". Jeet kune do is een vechtkunst, die door Bruce Lee ontwikkeld is in de jaren zestig. "Jeet kune do" betekent letterlijk vertaald in het Kantonees: "weg van de onderscheppende vuist".