

# Download Your Personal Trainer Pdf

A personal trainer is an individual certified to have a varying degree of knowledge of general fitness involved in exercise prescription and instruction. AT NASM YOUR SUCCESS IS OUR BUSINESS. We want to help you achieve your career goals as a certified personal trainer. To become certified, you must successfully pass NASM's NCCA-accredited personal trainer certification exam. CFES National Personal Trainer (PT) Certification Requirements. CFES specialized fitness leadership program modules are designed to take students through the steps in fitness instructor and personal trainer Canadian national certification. Certification activated within 24 hours - Card and Certificate mailed within 72 hours of payment If you choose email delivery, then you will be receiving your Card and Certificate in pdf format in a few business hours.